

Boston (UK) Fun Run 2022

Monday 18 April 2022

Fun Run Timings

9:30am. Assemble in designated area

9:40am. First wave to the start

9:50am. START of the Fun Run

A separate start time may be arranged for AWD Wheelchairs – to be notified)

Facilitated by Boston Marathon Association, the Fun Run is held in conjunction with Boston (UK) Marathon. Now in its' 7th year it has become a very popular and successful event - check our website for our runner comments! It is a separate event, a fun run for all over the age of 11.

Run on the flattest marathon course in the country, usually held on the Sunday preceding USA Patriots Day (3rd Monday of April, the day of the famous US Boston marathon

Age: 11 years and over

Deadline for Entries: 2nd April 2022

Run numbers and further info will be sent after the registration closing date 2nd April 2022 by Royal Mail post directly from Stuweb, and will arrive at least 1 week before the run.

Race packs will not be sent to overseas addresses, but the essential information will be on line and the pack made available for pick-up in Boston.

POSITIVELY NO ENTRY ON THE DAY!

This is a 3.25 mile (5259 metres) course, incorporating the first and last mile of our marathon and half marathon route.

There is also an opportunity for groups of 8 to run a Team Marathon (8 x 3.25 miles = 26 miles - and a bit) or groups of 4 to run a Team Half Marathon. A great way to support the charity of the team choice and taste the thrill of Marathon running. A discount is offered for teams running for a specific charity

Boston Marathon permit Bone Conduction headsets (eg Aftershokz sport headphones). They must not cover the ears or otherwise occlude external sounds.

All finishers receive a **Medal, Tech T-Shirt and Goody Bag (Covid-19 rules permitting)**.

Start Time: 9.50 am (A separate start time may be arranged for AWD Wheelchairs – to be notified)

Starting Point: Boston Market Place PE21 6NN (Assemble in Central Park)

Number of Places: 200 (Total = 2000; Marathon, Half Marathon, Fun Run).

Facilities offered for runners: No Car parking at the college. Car parks adjacent to the Market Place are shown on the Boston Car Park map (Sunday charges apply)

Entry Fees

11 years and under 18 or in full Time Education: **£5**

All other entrants: **£10**

Team Entries: Please contact info@bostonmarathon.co.uk for a specific entry form. Do not enter here at this time

For a specific Charity Team; Full Marathon (8 runners) £30

Non - Charity Team: Full Marathon (8 runners) £40

Half Marathon £30 (4 runners) £20

Non - Charity Team Half Marathon (4 runners) £25

Contact Information Contact: Guy Bull, Race Director & Lincolnshire Schools Athletics secretary

Race Secretary: Mike Sharp, Ops Manager and Safety Officer

Inclusivity.

The Boston Marathon Association (BMA) has an inclusivity policy to enable Athletes with Disabilities (AWD) to take part.

The risk assessment has identified four broad categories of AWD participants, namely Ambulant, Push Rim Wheel Chair, Hand Cycle and Duo Teams.

There may be a separate start for Push-rim Wheel Chair users

AWD Participation Categories

1. Ambulatory AWD:

To be accepted for entry, applicants must be able to propel themselves through the entire course. They may be authorised to be accompanied by a Human Guide, whose role is to provide orientation and navigation support to a blind or visually impaired athlete, or other ambulatory athlete with a disability who requires additional support, on the event course. Guides are not scored and will not receive an official finishing time. There is no entry fee for a Guide.

2. Push-rim Wheelchairs AWD

A push-rim wheelchair is a racing wheelchair and is the only type of wheelchair permitted on the Boston Marathon course. For safety reasons, athletes may not participate using a day chair or other non-racing wheelchair.

To be accepted for entry, applicants planning to use a push-rim wheelchair must be able to propel themselves through the entire course. An Official Guide is permitted to accompany an AWD participant on the course, but the guide may not push or pull the AWD participant.

Please note: All wheelchair entrants must wear helmets at all times while on the course. Athletes not wearing helmets will NOT be allowed to start the race and are subject to removal from the course.

Any AWD who requires a Guide to participate in 2022 Boston (UK) Marathon event is permitted to run with one (1) Guide.

1. It is the athlete's responsibility to select a Guide who can perform all Guide responsibilities at the athlete's goal pace.
2. It is strongly recommended that an athlete selects a Guide with whom he/she regularly trains.
3. In limited situations, an athlete may be permitted to register two (2) Guides, who run in relay fashion, where the athlete is accompanied by one (1) Guide at a time on the event course. If two (2) Guides are used, the exchange must take place at nominated Exchange Stations located at the half way point of the event course.

4. If an athlete's disability necessitates more than one (1) Guide, the athlete may email the explanation, including specific details about each Guide's role on race day, to info@bostonmarathon.co.uk

Guide Registration Procedures

This is the process to follow for an athlete who needs a Guide to participate in the 2022 Boston (UK) Marathon events. To request to register a Guide, the athlete must email info@bostonmarathon.co.uk with the following information.

The nature of the athlete's disability, an explanation as to why the athlete needs a guide, the first and last name of the Guide, and email address. The guide must be copied on the email sent to info@bostonmarathon.co.uk. The deadline for submitting a request to register a Guide is 21st March 2022. BMA will send an invitation to register directly to the Guide. The deadline for the Guide to complete the registration process is 28th March 2022.

It is the athlete's responsibility to email the Guide registration request to info@bostonmarathon.co.uk

Should the athlete select a registered runner to serve as his/her Guide, the athlete must still follow the Guide registration process described above and the Guide will be assigned the appropriate Guide race bib. The Guide will be exempt entry fee, and will be awarded t-shirt, medal, goody bag and time.

EVENT HQ ADDRESS:

Boston Market Place
(Assembly area: Central Park)
Boston
PE21 6NN

USEFUL TIMES

Event start time: **9:50:00**
Assembly time: **09:00:00**