

Boston UK Marathon

Monday 18th April 2022

7.40am. Assembly time in designated area

7:50am. First wave to the start

8:00am. START of the FULL MARATHON

Followed by 5 waves at 10 minute intervals.

The 'wave' you are assigned to will be notified in the Event Pack to be posted to you after 1 April

Boston (UK) Marathon 2022 is in the 7th year after establishing a very popular and successful event over four years - check our facebook page for our runners' comments!

The flattest marathon course in the country, usually held on the Sunday preceding USA Patriots Day (3rd Monday of April, the day of the famous US Boston marathon).

Cash Prizes: Full Marathon (separate prizes for Men & Women; additional non-binary awards if applicable) and Veterans

1st: £350, 2nd: £250 and 3rd £50

Additional awards for age related categories, Veteran 40 (40-49) Senior Veteran 50 (50-59) and Super Veteran (60+) First Place in each category awarded their age in Pounds Sterling.

Start Time: 8:00am. **There is to be a staged start to maintain social distancing, details to follow.** (A separate start time may be arranged for AWD Wheelchairs – to be notified)

Starting Point: Boston Market Place PE21 6NN

Number of Places: 1200 (Total 2000 marathon + half marathon + Fun Run).

Boston Marathon Route is measured and certified by AUKCM (Association of UK Course Measurers).

It is a road marathon and completely flat all along the course. Starts at Boston Market place and ends at Boston College. There are 12 water stations on route, also portable toilet facilities approximately every 2.5 miles. All finishers receive a Tech T-Shirt and Medal and possibly a goody bag this year if the pandemic restrictions allow.

Boston Marathon permit only Bone Conduction headsets (eg Aftershokz sport headphones). They must not cover the ears or otherwise occlude external sounds.

Car parking, **There is NO parking at the college this year as the area is required to allow social distancing.** Car parks adjacent to the Market Place (Sunday charges apply). **No Changing facilities**, there will be a 'Left Bag' facility at Central Park (no handling but security personnel to oversee) also **No Shower facilities** at the adjacent Sports Centre. These arrangements may change if Covid restrictions allow.

Entry Fees

UK Affiliated Runners: **£28 (full)**, £18 (Half)

All other entrants: **£30 (Full)**, £20 (Half)

Registration Deadline: 2nd April 2022 for delivery of race packs by First Class Mail. **Registration will NOT continue after this.**

Charity: We have no restrictions; you can choose your own charity. If you do not have one and need guidance, please contact us.

Contact Information Contact: Guy Bull, Race Director & Lincolnshire Schools Athletics secretary

Race Secretary: Mike Sharp, Ops Manager and Safety Officer

Race numbers and further info will be sent after the registration closing date 2nd April 2022 by Royal Mail post directly from Stuweb, to arrive at least 1 week before the race.

Race packs will not be sent to overseas addresses, but the essential information will be e-mailed and the pack available for pick-up in Boston.

POSITIVELY NO ENTRY ON THE DAY!

Inclusivity.

The Boston Marathon Association (BMA) has an inclusivity policy to enable Athletes with Disabilities (AWD) to take part, which has been phased in over a 3 year period, to enable the association to become fully experienced and compliant in a safe and secure manner.

The risk assessment has identified four broad categories of AWD participants, namely Ambulant, Push Rim Wheel Chair, Hand Cycle and Duo Teams.

There may be a separate start for Push-rim Wheel Chair users (both Full and Half distances).

AWD Participation Categories

1. AMBULANT AWD

To be accepted for entry, applicants must be able to propel themselves through the entire course. They may be authorised to be accompanied by a Human Guide, whose role is to provide orientation and navigation support to a blind or visually impaired athlete, or other ambulatory athlete with a disability who requires additional support, on the event course. Guides are not scored but will have a timing chip and can receive an official finishing time. There is no entry fee for a Guide, and they will receive medal and t-shirt.

2. PUSH-RIM WHEELCHAIRS

A push-rim wheelchair is a racing wheelchair and is the only type of wheelchair permitted on the Boston Marathon course. For safety reasons, athletes may not participate using a day chair or other non-racing wheelchair.

To be accepted for entry, applicants planning to use a push-rim wheelchair must be able to propel themselves through the entire course. An Official Guide is permitted to accompany an AWD participant on the course, but the guide may not push or pull the AWD participant.

Please note: All wheelchair entrants must wear helmets at all times while on the course. Athletes not wearing helmets will NOT be allowed to start the race and are subject to removal from the course.

Hand-cycle and Duo Teams. The definitions and specification to be drawn up following 2021 events

Guide Selection

1. Any AWD who requires a Guide to participate in 2022 Boston (UK) Marathon event is permitted to run with one (1) Guide.
2. It is the athlete's responsibility to select a Guide who can perform all Guide responsibilities at the athlete's goal pace.
3. It is strongly recommended that an athlete selects a Guide with whom he/she regularly trains.
4. In limited situations, an athlete may be permitted to register two (2) Guides, who run in relay fashion, where the athlete is accompanied by one (1) Guide at a time on the event

- course. If two (2) Guides are used, the exchange must take place at nominated Exchange Stations located at the half way point of the event course (Half or Full Marathon).
5. If an athlete's disability necessitates more than one (1) Guide, the athlete may email the explanation, including specific details about each Guide's role on race day, to info@bostonmarathon.co.uk

Guide Registration Procedures

This is the process to follow for an athlete who needs a Guide to participate in the 2022 Boston (UK) Marathon events. To request to register a Guide, the athlete must email info@bostonmarathon.co.uk with the following information.

The nature of the athlete's disability, An explanation as to why the athlete needs a Guide, The first and last name of the Guide, and email address. The Guide must be copied on the email sent to info@bostonmarathon.co.uk The deadline for submitting a request to register a Guide is Monday, 21st March 2022. BMA will send an invitation to register directly to the Guide. The deadline for the Guide to complete the registration process is Thursday, 31st March 2022.

It is the athlete's responsibility to email the Guide registration request to info@bostonmarathon.co.uk

Should the athlete select a registered runner to serve as his/her Guide, the athlete must still follow the Guide registration process described above and the Guide will be assigned the appropriate Guide race bib. The Guide will be exempt entry fee, and will be awarded t-shirt, medal, and time.

EVENT HQ ADDRESS:

Boston Market Place
(assembly Area the Adjacent Central Park Boston)
Boston
PE21 6NN

USEFUL TIMES

Event start time: **08:00:00**
Arrival from: **07:00:00**